

## Tywardreath School Menu – Summer Term 2024

Week One 10/06, 01/07, 22/07	Week Two 17/06, 08/07	Week Three 24/06, 15/07
<p style="text-align: center;"><b>MONDAY</b></p> <p><b>Main</b> – Ham, Mac &amp; Cheese  <b>Veg</b> – Vegetable Ravioli with vegetables  <b>Jacket Potato</b> – Tuna &amp; Mayo  <b>Dessert</b> – Fruit Jelly  <b>Packed Lunch</b> – Ham Sandwich</p>	<p style="text-align: center;"><b>MONDAY</b></p> <p><b>Jacket Potato Day</b>  Tuna &amp; Sweetcorn  Beans  Chilli  <b>Dessert</b> – Fruit Jelly  <b>Packed Lunch</b> – Ham Sandwich</p>	<p style="text-align: center;"><b>MONDAY</b></p> <p><b>Jacket Potato Day</b>  Cheese  Baked Beans  Tuna Mayo  <b>Dessert</b> – Ice Cream Pots  <b>Packed Lunch</b> – Ham Sandwich</p>
<p style="text-align: center;"><b>TUESDAY</b></p> <p><b>Main</b> – Pasta Bolognaise  <b>Veg</b> – Ratatouille &amp; Pasta with vegetables  <b>Jacket Potato</b> – Cheese  <b>Dessert</b> – Apple Crumble &amp; Custard  <b>Packed Lunch</b> – Cheese Sandwich</p>	<p style="text-align: center;"><b>TUESDAY</b></p> <p><b>Main</b> – Tuna Pasta Bake in cheese sauce  <b>Veg</b> – Eggs Mornay  <b>Jacket Potato</b> – Bacon  <b>Dessert</b> – Butterscotch Mousse  <b>Packed Lunch</b> – Cheese Sandwich</p>	<p style="text-align: center;"><b>TUESDAY</b></p> <p><b>Main</b> - Bacon, Pasta in cheese sauce  <b>Veg</b> – Cheesy Pasta Bake  <b>Jacket Potato</b> – Ham  <b>Dessert</b> – Fruit Jelly  <b>Packed Lunch</b> – Tuna Mayo Sandwich</p>
<p style="text-align: center;"><b>WEDNESDAY</b></p> <p><b>Main</b> – Chicken Pie  <b>Veg</b> – Leek &amp; Potato Pie with new potatoes &amp; vegetables  <b>Jacket Potato</b> – Ham  <b>Dessert</b> – Cookies  <b>Packed Lunch</b> – Ham Sandwich</p>	<p style="text-align: center;"><b>WEDNESDAY</b></p> <p><b>Main</b> – Sausage Savory Plait  <b>Veg</b> – Quorn Sausages with Mash ‘n’ Beans  <b>Jacket Potato</b> – Cheese  <b>Dessert</b> – Banoffee Cheesecake  <b>Packed Lunch</b> – Ham Sandwich</p>	<p style="text-align: center;"><b>WEDNESDAY</b></p> <p><b>Main</b> – Meatballs  <b>Veg</b> – Meat Free Meatballs in tomato sauce and pasta  <b>Jacket Potato</b> – Bacon  <b>Dessert</b> – Strawberry Cheesecake  <b>Packed Lunch</b> – Cheese Sandwich</p>
<p style="text-align: center;"><b>THURSDAY</b></p> <p><b>Jacket Potato Day</b>  Tuna Mayo &amp; Sweetcorn  Bacon  Chilli  <b>Dessert</b> – Raspberry Mousse  <b>Packed Lunch</b> – Tuna Mayo &amp; Sweetcorn Sandwich</p>	<p style="text-align: center;"><b>THURSDAY</b></p> <p><b>Main</b> – BBQ Chicken  <b>Veg</b> – Roasted Vegetable Quiche with rice and vegetables  <b>Jacket Potato</b> – Tuna  <b>Dessert</b> – Cookies  <b>Packed Lunch</b> – Cheese Sandwich</p>	<p style="text-align: center;"><b>THURSDAY</b></p> <p><b>Main</b> – Chicken Curry  <b>Veg</b> – Vegetable Curry with rice and vegetables  <b>Jacket Potato</b> – Chilli  <b>Dessert</b> – Cookies  <b>Packed Lunch</b> – Ham Sandwich</p>
<p style="text-align: center;"><b>FRIDAY</b></p> <p><b>Main</b> – Sausages  <b>Veg</b> – Quorn Sausages with chips ‘n’ beans  <b>Jacket Potato</b> – Cheese  <b>Dessert</b> – Pick-up Muffins  <b>Packed Lunch</b> – Cheese Sandwich</p>	<p style="text-align: center;"><b>FRIDAY</b></p> <p><b>Main</b> – Fish ‘n’ Chips  <b>Veg</b> – Margueritta Pizza Slice ‘n’ Chips  <b>Jacket Potato</b> – Ham  <b>Dessert</b> – Pick-up Muffins  <b>Packed Lunch</b> – Tuna Mayo &amp; Sweetcorn Sandwich</p>	<p style="text-align: center;"><b>FRIDAY</b></p> <p><b>Main</b> – Fish Fingers  <b>Veg</b> – Veggie Burger with chips  <b>Jacket Potato</b> – Tuna &amp; Sweetcorn  <b>Dessert</b> – Chocolate Fudge Brownie Slice  <b>Packed Lunch</b> – Cheese Sandwich</p>

**Packed Lunch** consists of Sandwich (with low fat spread), 1 piece of fruit, 1 cake item, 1 veg sticks, ie, carrot or cucumber, 1 fruit yogurt.

**Salad Bar** available daily

## Free From / Vegan Menu – Summer Term 2024

Week One 10/06, 01/07, 22/07	Week Two 17/06, 08/07	Week Three 24/06, 15/07
<b>MONDAY</b>  <b>Free From</b> – Ham, Mac & Cheese <b>Vegan</b> – Mac & Cheese	<b>MONDAY</b>  <b>Free From</b> – Jacket Potato with bacon <b>Vegan</b> – Jacket Potato with vegan cheese	<b>MONDAY</b>  <b>Free From</b> – Jacket Potato with beans <b>Vegan</b> – Jacket Potato with beans
<b>TUESDAY</b>  <b>Free From</b> – Pasta Bolognaise <b>Vegan</b> - Ratatouille	<b>TUESDAY</b>  <b>Free From</b> – Free From Cheesy Pasta Bake <b>Vegan</b> – Vegan Cheesy Pasta Bake	<b>TUESDAY</b>  <b>Free From</b> – Cheesy Pasta Bake <b>Vegan</b> – Cheesy Pasta Bake
<b>WEDNESDAY</b>  <b>Free From</b> – Chicken Casserole <b>Vegan</b> – Leek & Potato in cheese sauce	<b>WEDNESDAY</b>  <b>Free From</b> – Sausage, mash 'n' beans <b>Vegan</b> – Quorn sausages, mash 'n' beans	<b>WEDNESDAY</b>  <b>Free From</b> – Meatballs with tomato sauce & pasta <b>Vegan</b> – Vegan meatballs & pasta
<b>THURSDAY</b>  <b>Free From</b> - Jacket Potato with bacon <b>Vegan</b> – Jacket Potato with vegan cheese	<b>THURSDAY</b>  <b>Free From</b> – Mince & Onion Pie <b>Vegan</b> – Roasted Vegetables & Rice	<b>THURSDAY</b>  <b>Free From</b> – Vegetable Curry & rice <b>Vegan</b> – Vegetable Curry & rice
<b>FRIDAY</b>  <b>Free From</b> – Sausage, chips 'n' beans <b>Vegan</b> – Quorn Sausages	<b>FRIDAY</b>  <b>Free From</b> – Fish 'n' Chips <b>Vegan</b> – Vegan nuggets, chips 'n' veg	<b>FRIDAY</b>  <b>Free From</b> – Fish Fingers & Chips <b>Vegan</b> - Vegetable Burger & Chips

Please order your child's school meals on Parent Pay each week. Orders need to be submitted by Thursday evening at midnight for the full week ahead. Reception and KS1 are entitled to free school meals. Orders can be pre-ordered for the term ahead by changing the week commencing date on Parent Pay.